

## PATIENT INFORMATION INTAKE FORM

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<b>NAME:</b>			<b>DATE:</b>		
<i>First Name</i>		<i>Last Name</i>		<i>Month/Day/Year</i>	
<b>DATE OF BIRTH:</b>	<b>AGE:</b>	<b>WEIGHT:</b>	<b>HEIGHT:</b>	<b>Gender:</b>	
<i>Month/Day/Year</i>		<b>Preferred Pronoun:</b>			
<b>HOME ADDRESS:</b>					
<i>Street</i>					
<i>City/Town</i>		<i>Province</i>		<i>Postal Code</i>	
<b>HOME PHONE:</b>			<b>CELL PHONE:</b>		
<b>WORK PHONE:</b>			<b>E-MAIL ADDRESS:</b>		
<b>EMERGENCY CONTACT:</b> _____			<b>PHONE NUMBER (s):</b> _____		
<b>RELATIONSHIP:</b> _____			_____		
<p>MacEwan University offers the service of appointment reminders by email.            I understand the risks/benefits of email transmission and request that future reminders be sent electronically to the above email address (please check one): <input type="checkbox"/> YES <input type="checkbox"/> NO</p>					
<b>OCCUPATION:</b>					
<b>HOW DID YOU HEAR ABOUT THE CLINIC?</b>					

FAMILY HISTORY:	Father	Mother	Brother(s)	Sister(s)	Child(ren)
<b>Overall Health:</b> <i>(Good/Poor)</i>					
<b>Check if Applicable:</b>					
<b>Cancer</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Diabetes</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Heart Disease</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Hypertension</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Stroke</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Epilepsy</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Mental Illness</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Tuberculosis</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Other</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>HEALTH HISTORY:</b> <i>(Please list your health concerns and complaints in order of importance)</i>
1.
2.
3.
4.

**Do you have a contagious disease (e.g. hepatitis, tuberculosis, flu) at this time?**  Yes  No

If yes, please specify:

**Have you ever had surgery or been hospitalized?**  Yes  No

If yes, please describe circumstances and when it occurred:

**Are you allergic to any medications, herbs, foods?**  Yes  No

Medications:

Herbs:

Foods:

Other:

**Are you taking medications for any of the following conditions? (Check if applicable)**

		Name of Medication			Name of Medication
Heart/Blood Pressure	<input type="checkbox"/>		Laxatives	<input type="checkbox"/>	
Steroids/Tranquilizers	<input type="checkbox"/>		Antacids (Stomach)	<input type="checkbox"/>	
Pain Relievers	<input type="checkbox"/>		Thyroid Medication	<input type="checkbox"/>	
Antibiotics	<input type="checkbox"/>		Hormone Replacement	<input type="checkbox"/>	

**Please list any herbs or vitamins you are currently taking:**

Herbs:

Vitamins:

Other:

**Describe your appetite:**

Excessive  Good  Fair  Poor  Absent

**Do you have any food cravings? (e.g. sweets, salt)**  Yes  No

If yes, please specify:

**Do you have any digestive disturbances?**  Yes  No

If yes, please describe:

<b>Do you have any of the following habits?</b>			
Caffeinated Drinks (e.g. Coffee, Tea, Pop)	<input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, how much? (e.g. 2/day)	
Smoking	<input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, how much? (e.g. 2/day)	
Alcohol	<input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, how much? (e.g. 2/day)	
Recreational Drugs	<input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, specify type & how much.	
Other (Describe)	<input type="checkbox"/> Yes <input type="checkbox"/> No		

<b>Please check boxes that are relevant to you pertaining to your cardiovascular conditions:</b>							
High Blood Pressure	<input type="checkbox"/>	Lightheaded	<input type="checkbox"/>	Fast heartbeat	<input type="checkbox"/>	Orthostatic hypotension	<input type="checkbox"/>
Low Blood Pressure	<input type="checkbox"/>	Chest Pain	<input type="checkbox"/>	Palpitations	<input type="checkbox"/>	Phlebitis	<input type="checkbox"/>
Fainting	<input type="checkbox"/>	Slow heartbeat	<input type="checkbox"/>	Irregular heartbeat	<input type="checkbox"/>	Heart attack	<input type="checkbox"/>

<b>Please check boxes that are relevant to you pertaining to your gastrointestinal conditions:</b>							
Nausea	<input type="checkbox"/>	Diarrhea	<input type="checkbox"/>	Undigested food in stools	<input type="checkbox"/>	Hemorrhoids	<input type="checkbox"/>
Vomiting	<input type="checkbox"/>	Constipation	<input type="checkbox"/>	IBS	<input type="checkbox"/>	Gastritis	<input type="checkbox"/>
Acid regurgitation	<input type="checkbox"/>	Laxative use	<input type="checkbox"/>	Stomach cramps	<input type="checkbox"/>	Enteritis	<input type="checkbox"/>
Gas	<input type="checkbox"/>	Black stools	<input type="checkbox"/>	Itchy anus	<input type="checkbox"/>	Hard stools	<input type="checkbox"/>
Hiccup	<input type="checkbox"/>	Blood in stools	<input type="checkbox"/>	Burning anus	<input type="checkbox"/>	Bad breath	<input type="checkbox"/>
Bloating after meals	<input type="checkbox"/>	Mucus in stools	<input type="checkbox"/>	Rectal pain	<input type="checkbox"/>	Gurgling sounds	<input type="checkbox"/>
Intestinal cramping	<input type="checkbox"/>	Ulcerative colitis	<input type="checkbox"/>	Loose stools	<input type="checkbox"/>	# of bowel movements per day	

<b>Please check boxes that are relevant to you pertaining to the head, eyes, nose, and throat:</b>							
Glasses	<input type="checkbox"/>	Blurred vision	<input type="checkbox"/>	TMJ	<input type="checkbox"/>	Excessive saliva	<input type="checkbox"/>
Eye strain	<input type="checkbox"/>	Night blindness	<input type="checkbox"/>	Gum disease	<input type="checkbox"/>	Sinus problems	<input type="checkbox"/>
Red eyes	<input type="checkbox"/>	Glaucoma	<input type="checkbox"/>	Sore gums	<input type="checkbox"/>	Clear throat often	<input type="checkbox"/>
Itchy eyes	<input type="checkbox"/>	Cataracts	<input type="checkbox"/>	Bleeding gums	<input type="checkbox"/>	Recurrent sore throat	<input type="checkbox"/>
Spots in eyes	<input type="checkbox"/>	Grinding teeth	<input type="checkbox"/>	Sores on lips	<input type="checkbox"/>	Swollen glands	<input type="checkbox"/>
"Floaters" in vision	<input type="checkbox"/>	Soft teeth	<input type="checkbox"/>	Sores on tongue	<input type="checkbox"/>	Lumps in throat	<input type="checkbox"/>
Poor vision	<input type="checkbox"/>	Multiple cavities	<input type="checkbox"/>	Dry mouth	<input type="checkbox"/>	Enlarged thyroid	<input type="checkbox"/>
Nose bleeds	<input type="checkbox"/>	Ringing in ears	<input type="checkbox"/>	Poor hearing	<input type="checkbox"/>	Earaches	<input type="checkbox"/>
Headaches	<input type="checkbox"/>	Migraines	<input type="checkbox"/>	Concussions	<input type="checkbox"/>		

Please check boxes that are relevant to you pertaining to your respiratory conditions:							
Feeling short of breath	<input type="checkbox"/>	Lightheaded	<input type="checkbox"/>	Fast heartbeat	<input type="checkbox"/>	Orthostatic hypotension	<input type="checkbox"/>
Difficulty breathing lying down	<input type="checkbox"/>	Chest Pain	<input type="checkbox"/>	Palpitations	<input type="checkbox"/>	Phlebitis	<input type="checkbox"/>
Productive cough with:	<input type="checkbox"/>	A lot of sputum	<input type="checkbox"/>	Sticky sputum	<input type="checkbox"/>	Clear sputum	
	<input type="checkbox"/>	Very little sputum	<input type="checkbox"/>	Green sputum	<input type="checkbox"/>	Blood in sputum	

Please check boxes that are relevant to you pertaining to your sleep patterns:					
Insomnia	<input type="checkbox"/>	Problems staying asleep	<input type="checkbox"/>	Dream disturbed sleep	<input type="checkbox"/>
Troubles falling asleep	<input type="checkbox"/>	Wake up tired	<input type="checkbox"/>	Nightmares	<input type="checkbox"/>
<input type="checkbox"/>	Waking up in the night: time(s) that you wake at:				

Please check boxes that are relevant to you pertaining to the condition(s) of your skin and hair:							
Rashes	<input type="checkbox"/>	Eczema	<input type="checkbox"/>	Dandruff	<input type="checkbox"/>	Premature grey hair	<input type="checkbox"/>
Hives	<input type="checkbox"/>	Psoriasis	<input type="checkbox"/>	Itchy skin	<input type="checkbox"/>	Alopecia/hair loss	<input type="checkbox"/>
Ulcerations	<input type="checkbox"/>	Shingles	<input type="checkbox"/>	Fungal infections	<input type="checkbox"/>	Brittle hair	<input type="checkbox"/>
Dry skin	<input type="checkbox"/>	Oily skin	<input type="checkbox"/>	Acne	<input type="checkbox"/>	Recurrent sore throat	<input type="checkbox"/>

Please check boxes that are relevant to you pertaining to your genito-urinary conditions:							
Painful urination	<input type="checkbox"/>	Cloudy urination	<input type="checkbox"/>	Dark yellow urine	<input type="checkbox"/>	Burning urination	<input type="checkbox"/>
Frequent urination	<input type="checkbox"/>	Scanty urination	<input type="checkbox"/>	Light yellow urine	<input type="checkbox"/>	Retention of urine	<input type="checkbox"/>
Copious urination	<input type="checkbox"/>	Urination at night	<input type="checkbox"/>	Clear urine	<input type="checkbox"/>	Frequent bladder infections	<input type="checkbox"/>
Frequent kidney infections	<input type="checkbox"/>	Urinary incontinence	<input type="checkbox"/>				

Please check boxes that are relevant to you pertaining to your neuropsychological conditions:							
Seizures	<input type="checkbox"/>	Tics	<input type="checkbox"/>	Anxiety	<input type="checkbox"/>	Abuse survivor	<input type="checkbox"/>
Numbness	<input type="checkbox"/>	Poor memory	<input type="checkbox"/>	Irritability	<input type="checkbox"/>	ADHD	<input type="checkbox"/>
Tingling	<input type="checkbox"/>	Depression	<input type="checkbox"/>	Easily stressed	<input type="checkbox"/>	Parkinson's	<input type="checkbox"/>
Trigeminal neuralgia	<input type="checkbox"/>	Bell's palsy	<input type="checkbox"/>	Fainting	<input type="checkbox"/>		

Please check boxes that are relevant to you pertaining to your musculoskeletal conditions:							
Neck pain	<input type="checkbox"/>	Hand pain	<input type="checkbox"/>	Abdominal pain	<input type="checkbox"/>	Leg pain	<input type="checkbox"/>
Shoulder pain	<input type="checkbox"/>	Finger pain	<input type="checkbox"/>	Upper back pain	<input type="checkbox"/>	Knee pain	<input type="checkbox"/>
Arm pain	<input type="checkbox"/>	Chest pain	<input type="checkbox"/>	Mid back pain	<input type="checkbox"/>	Ankle pain	<input type="checkbox"/>
Elbow pain	<input type="checkbox"/>	Rib pain	<input type="checkbox"/>	Lower back pain	<input type="checkbox"/>	Toe pain	<input type="checkbox"/>

<b>Sexual and Reproductive Health:</b> <i>(Check if applicable)</i>			
Testicular Pain	<input type="checkbox"/>	Sexually Transmitted Disease	<input type="checkbox"/>
Impotence/Erectile Dysfunction	<input type="checkbox"/>	Prostate Problems	<input type="checkbox"/>
Age of First Menses	Years Old		
Duration of Menses (e.g. 3-5 days)	Days		
Length of Cycle (e.g. 28-30 days)	Days		
<b>Check if applicable:</b>			
Regular Menses	<input type="checkbox"/>	Heavy/Excessive Flow	<input type="checkbox"/>
Pre-Menstrual Syndrome	<input type="checkbox"/>	Spotting/Bleeding between cycles	<input type="checkbox"/>
Painful Menses	<input type="checkbox"/>	Menstrual Problems	<input type="checkbox"/>
Clots	<input type="checkbox"/>	Menopausal Problems	<input type="checkbox"/>
Discharge	<input type="checkbox"/>	Breast Lumps	<input type="checkbox"/>
Sexually Transmitted Disease	<input type="checkbox"/>	Other:	<input type="checkbox"/>
<b>Do you use birth control pills?</b>			<input type="checkbox"/> Yes <input type="checkbox"/> No
If yes, please list the type and brand:			
<b>Are you pregnant?</b>			<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Have you ever been pregnant?</b>			<input type="checkbox"/> Yes <input type="checkbox"/> No
If yes, please indicate:			
Number of Pregnancies	Problems in Pregnancy		<input type="checkbox"/> Yes <input type="checkbox"/> No
Number of Miscarriages	Problems in Delivery		<input type="checkbox"/> Yes <input type="checkbox"/> No
Other relevant information			
<b>If you answered yes to having had problems with a pregnancy or delivery, please describe those problems:</b>			

<b>Describe any concerns you have regarding your comfort and safety during an acupuncture treatment such as: needle phobia, bleeding disorders (e.g. haemophilia), pace maker, medication pump, blood pressure, infections, compromised skin (e.g. lesions, cuts, burns).</b>

## PATIENT CONSENT FORM

I \_\_\_\_\_ do hereby voluntarily consent to be treated with Acupuncture administered by Acupuncture Student Interns at the MacEwan University Acupuncture Teaching Clinic under supervision of registered Acupuncturists authorized to practice in Alberta.

As the MacEwan University Acupuncture Teaching Clinic is an integral part of the Acupuncture Program, I understand a team, which may include more than one Student Intern, one or more student observers, along with a clinic supervisor, shall be involved in my care. I understand Acupuncture and related modalities involve: the insertion of needles through the skin or, the application of heat to the skin or, by both at certain points on or near the surface of the body in an attempt to restore normal physiological body functions, modify or prevent pain perception.

I have been made aware that Traditional Chinese Medicine (TCM) utilizes a range of modalities including but not limited to acupuncture, acupressure, moxibustion, cupping, tuina (remedial massage), gua sha (scraping), and infrared heat devices such as TDP heat lamp. I understand any of these modalities may be used in combination during my treatment sessions.

I have been made aware that certain adverse side effects may result. These could include but are not limited to: some local bruising, minor bleeding, fainting, temporary pain or discomfort and temporary aggravation of symptoms.

I understand that in order to provide the student interns with a productive learning experience, it is preferred I receive a minimum of five consecutive treatments by one student intern. I understand that my treatments by a student intern may be limited based on the range of learning opportunities. If a student intern has arrived at a complete understanding of how to treat my condition, another student intern will be assigned to treat me if I wish to continue with treatments. I understand that the staff of the MacEwan University Acupuncture Teaching Clinic reserve the right to make exceptions to this policy.

I understand the MacEwan University Acupuncture Teaching Clinic **cannot** treat patients with injuries and/or conditions resulting from motor vehicle accidents or workplace accidents where insurance claims or workers compensation claims are involved. I acknowledge the Clinic **cannot** supply reports to third parties such as insurance companies, lawyers or the Workers' Compensation Board.

I understand acupuncture has been safely practiced for centuries but no guarantees are given to me concerning the effectiveness of treatments and I am free to discontinue treatment at any time.

**MacEwan University and its officers, students, employees and agents shall not be liable for any injury, loss or damage sustained or suffered by persons participating in the MacEwan University Acupuncture Teaching Clinic whether caused directly or indirectly by the negligence or fault of MacEwan University, its officers, students, employees, agents or otherwise. The MacEwan University Acupuncture Teaching Clinic staff reserve the right to refuse or discontinue treatment for reasons of appropriateness of a condition to a student learning environment, repeated cancellations or no-shows, harassment of students and/or staff, or disruptive behavior.**

I have carefully read and understand all the foregoing and am fully aware of what I am signing. I understand my responsibilities in participating as a patient in the MacEwan University Acupuncture Teaching Clinic.

\_\_\_\_\_  
PATIENT/GUARDIAN NAME  
(Please print)

\_\_\_\_\_  
PATIENT/GUARDIAN SIGNATURE

\_\_\_\_\_  
DATE  
(month/day/year)