

Sexual Violence Prevention and Education Certificate of Recognition Winter 2025 Programming

The Office of Sexual Violence Prevention, Education and Response (OSVPER) is pleased to offer the following workshops during the Winter 2025 semester. These workshops count towards the Sexual Violence Prevention and Education Certificate of Recognition.

Stalking Awareness 101

Tuesday January 14, 11:00 AM – 12:30 PM

Room 9-208

The term 'stalking' might conjure up an image of scary strangers lurking in the bushes. But what does stalking actually look like? In this interactive workshop, we'll move beyond the stereotypes and break down the definition of stalking, also known as criminal harassment. Participants will learn about the wide range of stalking behaviors, and explore the ways that stalking is represented in popular culture. We'll learn about the impacts of stalking on victims and discuss how to support someone who is experiencing this form of violence.

Creating a Culture of Consent

- **Monday January 27, 12:00 – 1:30 PM, Room 7-185**
- **Tuesday February 11, 2:00 – 3:30 PM, Room 9-208**
- **Friday, March 21, 12:00 – 1:00 PM, Room 7-146**

Led by student peer educators, this workshop will help participants foster a sense of personal ownership of their role in creating a culture of consent and support on campus. Participants will deepen their knowledge about sexual violence, gain skills for navigating consent in both everyday contexts and intimate relationships, and discuss strategies for supporting survivors of sexual violence.

Bringing in the Bystander

- **Wednesday January 29, 1:00 – 2:30 PM, Room 7-138**
- **Monday February 10, 2:00 – 3:30 PM, Room 9-208**
- **Friday March 7, 2:00 – 3:30 PM, Room 7-146**

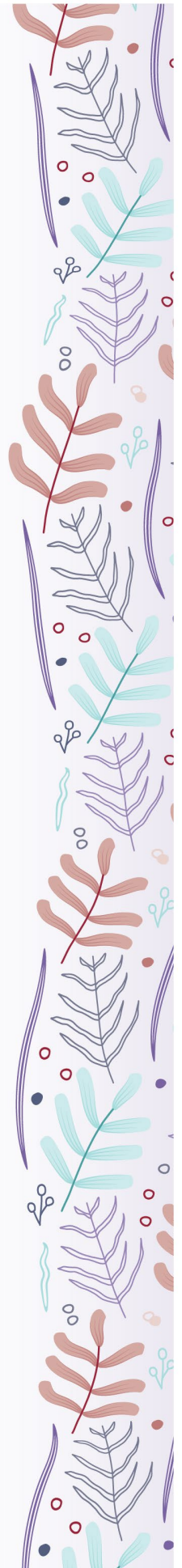
Bringing in the Bystander® is an in-person, evidence-based, educational program that encourages students to become positive bystanders in instances of sexual and interpersonal violence and harassment. In this workshop, participants will learn about the concept of bystander intervention and how to overcome their own barriers to intervention to become more active, prosocial bystanders. Participants will identify a continuum of inappropriate sexual behaviours and participate in interactive activities to develop empathy for those who have experienced sexual violence.

Keep it REAL: Four Simple Ways to Support People Experiencing Abuse

Tuesday February 11, 11:00 AM – 12:30 PM

Online (Zoom)

Real Talk is a guide to help us understand and talk openly about relationship violence or domestic abuse. Chances are that you know or are close to someone who has been impacted by relationships violence. In this workshop, presented by community organization Sagesse, learn how to break the cycle of abuse with just a few words.



Lunch and Learn Series: Exploring Consent and Healthy Relationships

Join us for this micro-learning series on consent and healthy relationships! Heat up your lunch and tune in virtually. Participants are welcome to attend as few or as many of the workshops in the series as they would like.

Boundary Setting 101**Friday February 14, 12:10 – 12:50 PM**

Setting boundaries is an essential skill for building healthy relationships. This workshop provides participants with tools to define their personal boundaries and communicate with them effectively, while also learning how to respect the boundaries of others. Participants will engage in a practical activity to practice boundary-setting skills in real-world scenarios.

Understanding Power Dynamics**Friday February 28, 12:10 – 12:50 PM**

Power dynamics exist in every relationship, whether in friendships, workplaces, or romantic partnerships. This workshop explores how unequal power can impact consent and decision-making, offering participants tools to recognize and navigate these dynamics in healthy and respectful ways.

The Language of Consent**Friday March 14, 12:10 – 12:50 PM**

Consent goes beyond a simple "yes" or "no." This workshop focuses on verbal and non-verbal communication skills for giving, receiving, and respecting consent. Participants will practice identifying clear and willing consent and learn strategies for improving communication in any relationship.

Digital Consent and Online Boundaries**Friday March 28, 2025, 12:10 – 12:50 PM**

Navigating consent in the digital age can be challenging. This workshop covers topics like sexting, sharing personal content, and maintaining privacy online. Participants will gain tools for setting boundaries and practicing consent in virtual spaces to foster safer and more respectful digital interactions.

Registration

To register, please complete the following [Registration Form](#). If you have any questions or concerns, please don't hesitate to contact us at osvper@macewan.ca

