

kisâkîhitin



Indigenous Meditation Album

February 14, 2023

MacEwan University celebrates the launch of *Indigenous Meditation Album*

Edmonton – kihêw waciston Indigenous Centre at MacEwan University is pleased to announce the release of *kisâkîhitin (Indigenous Meditation Album)*, a 12-track collection of Indigenous prayer, song and guided meditation. The album is the second volume of a meditation series that follows volume 1, *enâtawâstemikweyahk (Cree Meditation Album)*, which was released in May of 2021.

“The album is dedicated to all the children who were taken away from home through Indian Residential School, the 60's scoop and Child Welfare,” says album producer Darlene Auger. “We want you to know you are loved and you belong.”

kisâkîhitin (“I love you” in Cree) is an international collaborative effort and is a compilation of songs and spoken word. This powerful collection invites the listener on a meditative, healing journey. It is an important resource for educators, friendship centres and the public,

“The album was made with brothers from the south joining sisters from the north in a powerful and soulful mix of Cree and Lakota languages,” says Auger. It includes tracks from Joe Cardinal and Terri Cardinal; composers, singers and songwriters Nataanii Means, Gunner Jules and Spur Porier; singer, music therapist, rattle & hand drum player Sherryl Sewepagaham; Juno-award winning husband and wife duo, Dallas Waskahât and Fawn Wood; and author, singer, swing therapist and producer of the recording, Darlene Auger.

kisâkîhitin can be accessed online, free of charge.

For more information, please contact archerj24@macewan.ca

Founded in 1971, MacEwan University inspires its students with a powerful combination of academic excellence and personal learning experiences. Offering more than 90 programs including undergraduate degrees, applied degrees, diplomas, certificates, continuing education and corporate training, the university provides a transformative education in a creative, collaborative and supportive learning environment where creativity and innovation thrive. Located in Edmonton, Alberta, Canada, MacEwan University offers a unique student experience that opens up diverse pathways for achievement and growth.