

Recreation

LEAGUES

REGISTRATION

Early Bird Deadline: Tue, Sep 20
Regular Deadline: Tue, Sep 27

Prior to the Regular deadline, you may withdraw from any program for a full refund. *No refunds will be issued for withdrawals after the Regular Deadline.*

All participants must:

- Pay for their registration
- Complete a Roster Information Sheet
- Pass an online quiz

Substitute and Replacement players are eligible to participate after week one. Please see the **League Handbook** for details.

LEAGUE INFORMATION

All information is available on our website MacEwan.ca/Leagues including our League Handbook, registration links, stats, contact info, and more!

All league fees include:

- Facility access (*gym, change rooms*)
- Six regular season games and one week of playoffs
 - Equipment usage
 - Fully-staffed games
- Up-to-date league standings and schedules
 - Participation t-shirts
- Prizing for league champs and spirit winners

All league games include the following parameters:

- Games are played in the David Atkinson Gymnasium at MacEwan University Sport and Wellness
- Each participant must sign-in with valid photo identification
 - Games will rotate through one-hour time slots within each league's time range
- Scheduling requests can be made but are not guaranteed
 - Points are awarded based off of wins, ties, losses, spirit points, quiz completions, and theme week points

SPORT	TYPE	FORMAT	GAMES	TIME	DATES	LOCATION	CODE	EARLY BIRD PRICE	REGULAR PRICE
Indoor Soccer Student Referee	Mixed	4-on-4 + 1 goalie	7	3-7 p.m.	Sundays: Oct 2, 16, 23, 30, Nov 13, 20, 27	David Atkinson Gym Centre & South Court	8951	Deadline: Sep 20 S: \$40.60 M/P: \$52.50	Deadline: Sep 27 S: \$45.50 M/P: \$57.40
Basketball EBOA Referee	Mixed	5-on-5	7	6:30-10:30 p.m.	Mondays: Oct 3, 17, 24, 31, Nov 14, 21, 28	David Atkinson Gym Centre & South Court	8953	Deadline: Sep 20 S: \$47.60 M/P: \$59.50	Deadline: Sep 27 S: \$52.50 M/P: \$64.40
Volleyball Self-officiated	Open Tier 1	6-on-6	7	6:30-10:30 p.m.	Tuesdays: Oct 4, 11, 18, 25, Nov 1, 15, 22	David Atkinson Gym North, Centre & South Court	8955	Deadline: Sep 20 S: \$33.60 M/P: \$45.50	Deadline: Sep 27 S: \$38.40 M/P: \$50.40
	Open Tier 2								
	Open Tier 3								
Badminton Self-officiated	Open Doubles Tier 1	2-on-2	7	6:30-9:30 p.m.	Wednesdays: Oct 5, 12, 19, 26, Nov 2, 16, 23	David Atkinson Gym South Court	8957	Deadline: Sep 20 S: \$33.60 M/P: \$45.50	Deadline: Sep 27 S: \$38.40 M/P: \$50.40
	Open Doubles Tier 2								
Volleyball Self-officiated	Women's Only	6-on-6	7	8-10 p.m.	Wednesdays: Oct 5, 12, 19, 26, Nov 2, 16, 23	David Atkinson Gym North & Centre Court	8961	Deadline: Sep 20 S: \$33.60 M/P: \$45.50	Deadline: Sep 27 S: \$38.40 M/P: \$50.40
Dodgeball Student Referee	Open	6-on-6	7	6:30-10:30 p.m.	Thursdays: Oct 6, 13, 20, 27, Nov 3, 17, 24	David Atkinson Gym Centre Court	8965	Deadline: Sep 20 S: \$40.60 M/P: \$52.50	Deadline: Sep 27 S: \$45.50 M/P: \$57.40
Floor Hockey Student Referee	Mixed	3-on-3 + 1 goalie	7	6:30-10:30 p.m.	Thursdays: Oct 6, 13, 20, 27, Nov 3, 17, 24	David Atkinson Gym North Court	8967	Deadline: Sep 20 S: \$40.60 M/P: \$52.50	Deadline: Sep 27 S: \$45.50 M/P: \$57.40

REGISTRATION TYPES

Free Agent: someone looking to play but does not have enough players to make a full team.

Full Team: a group of people lead by a captain who have enough players to make a full team. Each player on the team is required to complete their own registration.

Team/player requests can be made on the Roster Information Sheet.

LEAGUE TYPES

Open: This league type has no gender ratios.

Mixed: This league type has gender ratios. Please refer to the **League Handbook** for sport-specific ratio guidelines.

HALLOWEEN THEME WEEK Oct 30-Nov 3

If the majority of your team dresses up for Theme Week, your team will receive an extra Spirit Point in their standings!

VOLLEYBALL TIERS

Tier 1 (Advanced):

All players have experience playing volleyball and are solid in the fundamentals. Hard hitting can be expected consistently throughout the game from at least two to three players on each team. Back row attacks occur from time to time but are not a common occurrence. The vast majority of players will serve overhand. Most games will feature crisp passes and organized attacks. Blocking is more prevalent in this division than in the other divisions; however, it is not always a solid double block.

Tier 2 (Intermediate):

Most players on the team typically have some experience playing volleyball, although a few players on the team may be new or above average in skill. Players can anticipate that approximately one out of every three rallies will contain a hard hit. Players that hit hard should do so with respect and direct the ball at opposing team players capable/comfortable with receiving the hit. Typically, three contacts are made before returning the ball over the net to the opponent. Passes are not always crisp and accurate. Some blocking will occur. Players may have specific positions; for the most part, teams do not have organized attacks.

Tier 3 (Beginner):

This division will feature players that lack experience and/or are learning the basic skills of volleyball. This is the ideal league for beginner volleyball players. Players registering for this league should abide by the "fun-first" mentality. Focus is often on just getting the ball over the net rather than executing three hits. Players generally do not have specific player positions (i.e. power, setter, middle, etc.).

BADMINTON TIERS

Tier 1 (Recreational Plus):


This division is for teams that have some experience playing badminton. Players can serve and return with accuracy, and the team is looking for more of a challenge than the Recreational level. Not all players need to be highly skilled; it is more about the average skill and competitiveness of the team as a whole.

Tier 2 (Recreational):

This division will feature teams that may have one skilled player and one or two inexperienced players. If both main players lack experience in Badminton and are competitive, the team should move up to a higher level. Teams in this division must have a "fun-first" approach to every game.

Reserve your spot in a class, register for leagues and find all class and program information online at

SportandWellnessReg.MacEwan.ca

 [CLICK HERE TO FIND YOUR LEAGUE AND REGISTER](http://SportandWellnessReg.MacEwan.ca)

Tiered leagues begin with teams self-assessing their team's overall skill level upon their initial registration. After three weeks of play, Recreation Staff will re-seed these leagues based on the team's overall standings.