Ukraine information and support forum

1. A (very) brief history of contemporary Ukraine

2. How to support Ukraine
   - Donate
   - Write (to political leaders)
   - Be informed (by trustworthy news and academic sources)

3. Further Resources and Readings
4. Thoughts and Comments
5. Contacts
Contacts

• Ukrainian Resource and Development Center (URDC) Director: Larisa Hayduk (haydukl@macewan.ca); Kalyna Somchynsky (URDC RA)

• Kule Chair (UCID) Jeff Stepnisky, Associate Professor, Sociology (stepniskyj@macewan.ca)

• Chair of international Health Elizabeth Burgess-Pinto (burgesspintoe@macewan.ca)

• MacEwan Experts on Ukraine and Europe
  • Svitlana Krys (English)
  • Andrea Wanger (AEPS)
  • Chaldenas Mensah (AEPS)
  • Michael Gulayets (Soci)

• MacEwan Counselling Services
  • https://www.macewan.ca/campus-life/mental-health/counselling/
  • wps@macewan.ca
  • Faculty and Staff: ACCESS 24/7 at 780-424-2424
Kyiv at Sunset:
Trey Ratcliff, https://www.flickr.com/photos/stuckincustoms/380368394; CC BY-NC-SA 2.0
A brief history

(see Serhy Yekelchyk. 2020. *Ukraine: What everyone Needs to Know*)

- **1991** – Ukrainian Independence from Soviet Union
  - Dec 1: 90% Ukrainians voted in favor (Plokhy, 2015)

- **2004-5** – Orange Revolution
  - mass protests on Maidan Square against political corruption
  - challenged rigged elections

• 2013-14 – EuroMaidan/Revolution of Dignity

• mass protest on Maidan challenged reversal of Association Agreement with European Union by President Yanukovych

• ended with death of around 100 protestors (the Heavenly Hundred)

• Russian backed political leaders fled country and new leadership was democratically elected
• **2014** – In response Russia Annexed Crimea and using pro-Russia militants provoked war in Southeastern Donbas region.

• **2022** – February 24: Russian invades Ukraine

How to support Ukraine

• **Reach out to** people you know in Ukraine and people in your community with ties to Ukraine

• Donate:
  
  • **Canada Ukraine Foundation** – Humanitarian Appeal: [https://www.cufoundation.ca/](https://www.cufoundation.ca/)

  • See the list of charities recommended by the **Ukraine Crisis Media Center**: [https://uacrisis.org/en/help-ukraine](https://uacrisis.org/en/help-ukraine)
How to support Ukraine

• Join Demonstrations:
  • Watch Ukrainian Canadian Congress – Alberta Provincial Council (UCC-APC) Facebook page: https://www.facebook.com/UCCAPC

• Write to MPs, MLAs, and other elected representatives
  • Emphasize continued strong support for Ukraine
  • Economic
  • Support for Refugees (UNHCR - the UN Refugee Agency)
How to support Ukraine

• Stay informed and inform others. Help us fight disinformation.

• Follow Ukraine Based journalists:
  • Olga Tokariuk, Christopher Miller, Nika Melkozerova, Illia Ponomarenko, Nataliya Gumenyuk

• Post and share social media content and events from reputable channels
  • The Kyiv Independent
  • Ukraine World
  • The New Voice of Ukraine
  • Euromaidan PR
  • Ukraine Crisis Media Center
Resources and Further Readings

MacEwan Library Guide on Ukraine: https://libguides.macewan.ca/URDC

- Books
- Short articles
- Video links