



Ukraine information and support forum

1. A (very) brief history of
contemporary Ukraine

2. How to support Ukraine

- Donate
- Write (to political leaders)
- Be informed (by trustworthy
news and academic sources)

3. Further Resources and Readings

4. Thoughts and Comments

5. Contacts

Contacts

- Ukrainian Resource and Development Center (URDC) Director: Larisa Hayduk (haydukl@macewan.ca); Kalyna Somchynsky (URDC RA)
- Kule Chair (UCID) Jeff Stepnisky, Associate Professor, Sociology (stepniskyj@macewan.ca)
- Chair of international Health Elizabeth Burgess-Pinto (burgesspintoe@macewan.ca)
- MacEwan Experts on Ukraine and Europe
 - Svitlana Krys (English)
 - Andrea Wanger (AEPS)
 - Chaldenas Mensah (AEPS)
 - Michael Gulayets (Soci)
- MacEwan Counselling Services
 - <https://www.macewan.ca/campus-life/mental-health/counselling/>
 - wps@macewan.ca
 - Faculty and Staff: ACCESS 24/7 at 780-424-2424

Kyiv at Sunset:

Trey Ratcliff, <https://www.flickr.com/photos/stuckincustoms/380368394>; CC BY-NC-SA 2.0



A brief history

(see Serhy Yekelchyk. 2020.
*Ukraine: What everyone Needs
to Know*)

- **1991** – Ukrainian Independence from Soviet Union
 - Dec 1: 90% Ukrainians voted in favor (Plochy, 2015)
- **2004-5** – Orange Revolution
 - mass protests on Maidan Square against political corruption
 - challenged rigged elections

Image - DW; <https://www.dw.com/en/orange-green-or-black-the-colors-of-revolutions/a-50050659>





- **2013-14 – EuroMaidan/ Revolution of Dignity**

- mass protest on Maidan challenged reversal of Association Agreement with European Union by President Yanukovich
- ended with death of around 100 protestors (the Heavenly Hundred)
- Russian backed political leaders fled country and new leadership was democratically elected

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- **2014** – In response Russia Annexed Crimea and using pro-Russia militants provoked war in Southeastern Donbas region.
 - **2022** – February 24: Russian invades Ukraine

Image: <https://www.stripes.com/theaters/europe/2021-12-11/analysis-ways-russia-views-ukraine-should-worry-west-3934061.html>



THE WASHINGTON POST

How to support Ukraine

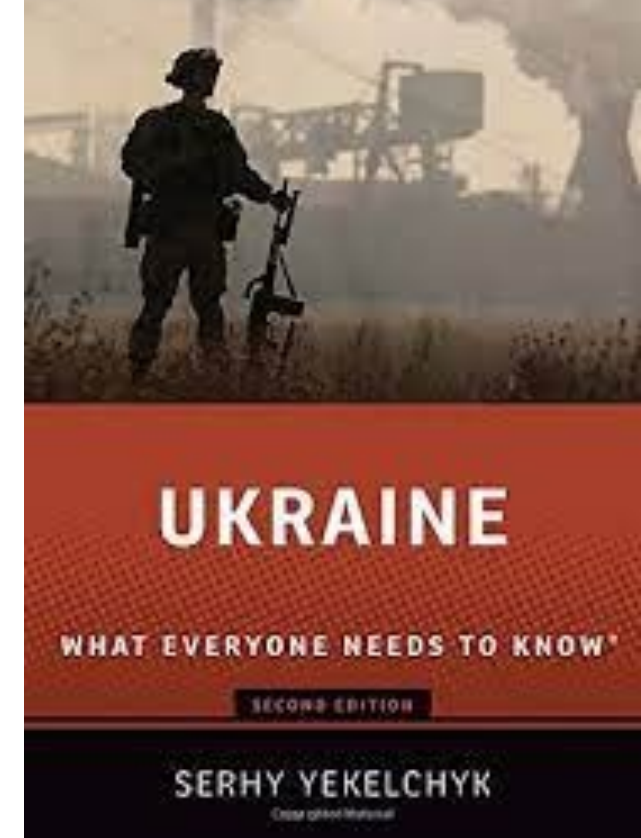
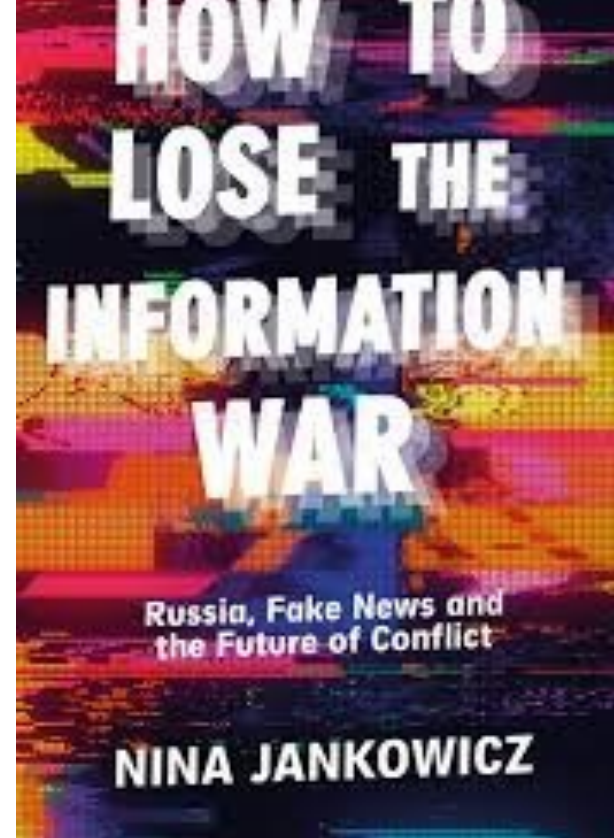
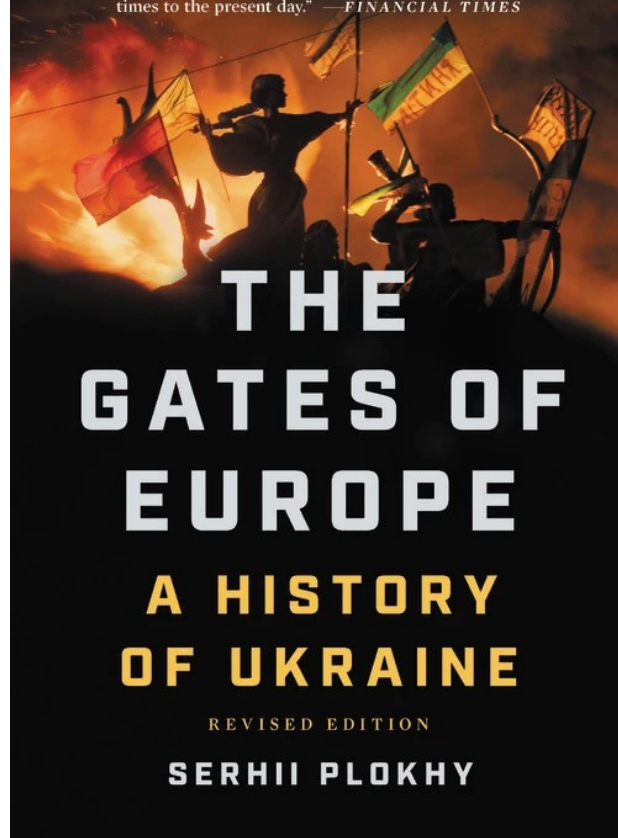
- **Reach out to** people you know in Ukraine and people in your community with ties to Ukraine
- Donate:
 - **Canada Ukraine Foundation** – Humanitarian Appeal:
<https://www.cufoundation.ca/>
 - See the list of charities recommended by the **Ukraine Crisis Media Center**:
<https://uacrisis.org/en/help-ukraine>

How to support Ukraine

- Join Demonstrations:
 - Watch Ukrainian Canadian Congress – Alberta Provincial Council (UCC-APC)
Facebook page: <https://www.facebook.com/UCCAPC>
- Write to MPs, MLAs, and other elected representatives
 - Emphasize continued strong support for Ukraine
 - Economic
 - **Support for Refugees (UNHCR - the UN Refugee Agency)**

How to support Ukraine

- Stay informed and inform others. Help us fight disinformation.
- Follow Ukraine Based journalists:
 - Olga Tokariuk, Christopher Miller, Nika Melkozerova, Illia Ponomarenko, Nataliya Gumenyuk
- Post and share social media content and events from reputable channels
 - The Kyiv Independent
 - Ukraine World
 - The New Voice of Ukraine
 - Euromaidan PR
 - Ukraine Crisis Media Center



Resources and Further Readings

MacEwan Library Guide on Ukraine: <https://libguides.macewan.ca/URDC>

- Books
- Short articles
- Video links